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It's Called a Breakup Because It's Broken: The Smart Girl's Break-Up Buddy (Paperback)

By Greg Behrendt, Amiira Ruotola-Behrendt

Random House USA Inc, United States, 2006. Paperback. Book Condition: New. Reprint. 196 x 130 mm. Language: English . Brand New Book. There's no doubt about it: breakups suck. But in the first few hours or days or weeks that follow, there's one important truth you need to recognize: Some things can't and shouldn't be fixed, especially that loser who dumped you or forced you to dump him. It's called a breakup because it's broken, and starting right here, right now, it's time to dry your tears, put down that pint of ice cream, log out of his e-mail, and open this book to Chapter One and start turning your breakup into a breakover. From Greg Behrendt, the co-author of the smash two-million copy bestseller *He's Just Not That Into You*, comes *It's Called a Breakup Because It's Broken* --the ultimate survival guide to getting over Mr. Wrong and reclaiming your inner Superfox. From how to put yourself through he-tox, to how to throw yourself a kick-ass pity party, Greg and his wife, Amiira, share their hilarious and helpful roadmap for getting past the heartache and back into the game....



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-- **Bernhard Russel**

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