



# Relieve Anxiety

By Kelly Howell

Brain Sync Corp. No binding. Book Condition: New. Audio CD. Liberate Your Mind from Worry Do you ever feel uneasiness or dread over future uncertainties Do you feel burdened by things past Relieve Anxiety will help release you from worry that depletes energy and drains the joy out of life. Hidden beneath the calming sound of ocean waves, subliminal messages transform the way you think about the past, experience the present and create your future. Pestering concerns are swept away as soothing Theta waves guide you into deep relaxation. You'll feel an incredible lightness of being as you are liberated from worry and anxiety. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Audio CD.



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