



Beating Diabetes: How to Defeat the Horrors of Type 2 Diabetes

By Mr Paul D Kennedy

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 276 pages. Dimensions: 9.0in. x 6.0in. x 0.6in. Type 2 diabetes is a sneaky disease. It begins painlessly with few symptoms. But, it is deadly. Over time diabetes will destroy your heart, kidneys, eyes, nerves, feet and hands. And there is no cure. However there is a way you can postpone these horrible consequences, ie defeat your diabetes. Heres my story . . . I was diagnosed with type 2 diabetes many years ago and began following the well-intended advice of medical professionals. But nothing I was told to do worked and my health deteriorated progressively. It got so bad that I became desperate for a solution and began researching the matter for myself. I am not a medical professional. But I am an experienced researcher. I know how to find, gather, analyze and digest data on most subjects. The solution, I discovered, is surprisingly simple . . . all you have to do is eliminate certain foods from your diet. A few months after I did this, I stopped taking my diabetes medications. You can read exactly what I did in this book. If it...



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