



Create the Life You Want: Create Your Action Plan for Change Journal: Feel Fabulous Inside and Out (Paperback)

By Angela Boyd

Createspace, United States, 2014. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Life is about creating yourself, so why not record your experiences to feel inspired daily. This journal can accompany Create The Life You Want: Feel Fabulous Inside And Out. It offers simple tools necessary to create your action plan for change. Keep a journal of these 4 daily practices to Create The Life You Want: Daily intentions Self-care practices Healthy food choices Attitudes of gratitude Daily motivational and success quotes will accompany each page as you journal. This journal provides entries for 3 months.



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Reviews

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-- **Ivy Hilll DDS**

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