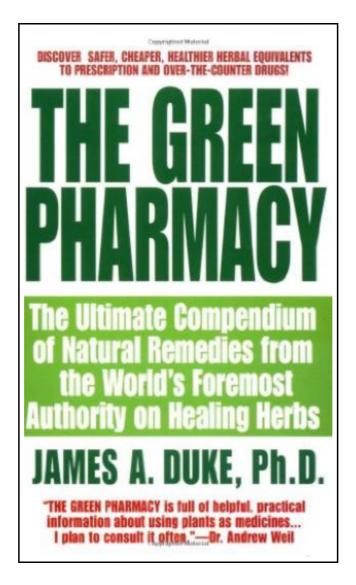
The Green Pharmacy: The Ultimate Compendium of Natural Remedies from the World's Foremost Authority on Healing Herbs (Paperback)



Filesize: 7.64 MB

Reviews

An extremely great ebook with lucid and perfect explanations. It is full of knowledge and wisdom Its been printed in an exceedingly straightforward way in fact it is merely right after i finished reading through this publication by which really transformed me, alter the way i believe.

(Spencer Fritsch)

THE GREEN PHARMACY: THE ULTIMATE COMPENDIUM OF NATURAL REMEDIES FROM THE WORLD S FOREMOST AUTHORITY ON HEALING HERBS (PAPERBACK)



St. Martin s Press, United States, 2012. Paperback. Book Condition: New. Reprint. 170 x 107 mm. Language: English . Brand New Book. With A-to-Z entries that include over 120 health conditions, James Duke s The Green Pharmacy is an authoritative, readable guide to the world of herbal healing. From traditional folk remedies to groundbreaking laboratory studies, Dr. Duke provides up-to-date information and age-old folk wisdom about nature s most potent plants. You ll find scores of natural remedies that can replace or enhance costly pharmaceuticals, including: Relief for aches and pains ranging from arthritis, angina and back pain to menstrual cramps and sciatica. Remedies for gastrointestinal problems from constipation and flatulence to inflammatory bowel disease and ulcers. Herbs that can reduce your risk of cancer, heart attack, high blood pressure and osteoporosis. Cures for infections ranging from colds and flu to sore throat and yeast infections. Herbal drinks that reduce fever. And much more. The Green Pharmacy includes easy how-to instructions for preparing herbal compresses, teas and infusions. Plus, Dr. Duke provides an easy rating system to quickly identify the most effective herbal remedies for each condition.

- Read The Green Pharmacy: The Ultimate Compendium of Natural Remedies from the World's Foremost Authority on Healing Herbs (Paperback) Online
- Download PDF The Green Pharmacy: The Ultimate Compendium of Natural Remedies from the World's Foremost Authority on Healing Herbs (Paperback)

Relevant Books



Bully, the Bullied, and the Not-So Innocent Bystander: From Preschool to High School and Beyond: Breaking the Cycle of Violence and Creating More Deeply Caring Communities (Paperback)

HarperCollins Publishers Inc, United States, 2016. Paperback. Book Condition: New. Reprint. 203 \times 135 mm. Language: English . Brand New Book. An international bestseller, Barbara Coloroso s groundbreaking and trusted guide on bullying-including cyberbullying-arms parents...

Download PDF »



Electronic Dreams: How 1980s Britain Learned to Love the Computer

Audible Studios on Brilliance, United States, 2016. CD-Audio. Book Condition: New. Unabridged. 170 x 135 mm. Language: English . Brand New. Remember the ZX Spectrum? Ever have a go at programming with its stretchy rubber...

Download PDF »



The Voice Revealed: The True Story of the Last Eyewitness (Paperback)

World Bible Publishers Inc, United States, 2007. Paperback. Book Condition: New. 175 \times 107 mm. Language: English . Brand New Book. For God expressed His love for the world in this way: He gave His...

Download PDF »



Odd, Weird Little (Paperback)

Egmont USA, United States, 2015. Paperback. Book Condition: New. Reprint. 190 x 132 mm. Language: English . Brand New Book. New in paperback! * At last: a humorous, useful and pedantry-free book about bullying! --...

Download PDF »



A Connecticut Yankee in King Arthur's Court (Paperback)

Bantam Doubleday Dell Publishing Group Inc, United States, 1994. Paperback. Book Condition: New. Reissue. 170 x 104 mm. Language: English. Brand New Book. When A Connecticut Yankee in King Arthur's Court was published...

Download PDF »